

The book was found

# DIY Bitters: Reviving The Forgotten Flavor - A Guide To Making Your Own Bitters For Bartenders, Cocktail Enthusiasts, Herbalists, And More



## Synopsis

Make your own bitters at home to enhance your medicine cabinet, and your bar! Used since the Middle Ages, bitters are made by combining various plant botanicals and/or spices with 100-proof alcohol and letting them sit until the bitter and medicinal qualities have been extracted. Just a small amount of the resulting liquid can then be used to stimulate the digestive system and promote healthy digestion. This is why "apertifs" and "digestifs" are so popular--both then and now! DIY Bitters is a how-to guide that explores the history and health benefits of bitters, and shows you how to make your own bitters at home, to be used alone or in cocktails, tonics, and even main meals. Herbalists Jovial King and Guido Mase, owners of the bitters company Urban Moonshine, teach you how to make recipes for classic bitters like orange and angostura, or explore more innovative bitters like elderflower-echinacea-honey and chocolate love tonic. You can even find a guide for creating your own unique flavors from the plants and ingredients you have on hand. Whether enjoyed as an apertif, digestif, or as a remedy to settle an upset stomach, bitters are back!

## Book Information

Hardcover: 208 pages

Publisher: Fair Winds Press (September 15, 2016)

Language: English

ISBN-10: 159233704X

ISBN-13: 978-1592337040

Product Dimensions: 8.5 x 0.8 x 10.5 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #26,801 in Books (See Top 100 in Books) #43 in Books > Cookbooks, Food & Wine > Beverages & Wine > Homebrewing, Distilling & Wine Making #56 in Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies

[Download to continue reading...](#)

DIY Bitters: Reviving the Forgotten Flavor - A Guide to Making Your Own Bitters for Bartenders, Cocktail Enthusiasts, Herbalists, and More DIY Wood Pallet Projects: 33 Amazingly Creative Upcycling Projects & Ideas for Decorating, Refreshing and Personalizing Your Space! (DIY Household Hacks, DIY Projects, Woodworking) DIY Wood Pallet Projects: 23 Creative Wood Pallet Projects That Are Easy To Make And Sell! (DIY Household Hacks, DIY Projects, Woodworking)

Reviving Your Sex Life After Childbirth: Your Guide to Pain-free and Pleasurable Sex After the Baby  
Rich Dad Advisor's Series: Own Your Own Corporation: Why the Rich Own Their Own Companies  
and Everyone Else Works for Them (Rich Dad's Advisors) DIY Projects: Save Time & Money  
Maintaining Your Home With Simple DIY Household Hacks, Home Remedies: Increase Productivity  
& Save Time with Frugal Living ... And Organizing, Increase Productivity) Lettering: Beginners  
Guide to Lettering and Calligraphy Fonts for DIY Crafts and Art (Typography, Hand Writing, Paper  
Crafts, Thank You Notes, DIY wedding, Drawing, Hand Lettering Book 1) Death Of The Dollar: The  
Prepper's DIY Guide To Bartering, Surviving, An, Economic Collapse, And, The Death Of Money,  
(Financial Crisis, Global Recession, ... Capitol Controls, DIY, Money) Book 1) Reviving Old Scratch:  
Demons and the Devil for Doubters and the Disenchanted Bitters: A Spirited History of a Classic  
Cure-All, with Cocktails, Recipes, and Formulas Reviving Ophelia: Saving the Selves of Adolescent  
Girls Wireless Hacking: Projects for Wi-Fi Enthusiasts: Cut the cord and discover the world of  
wireless hacks! Sea Shell Coloring Book: An Adult Coloring Book of 40 Zentangle Sea Shell  
Designs for Ocean, Nautical, Underwater and Seaside Enthusiasts (Ocean Coloring Books)  
(Volume 5) Lotion Making: A DIY Guide to Making Lotions from Scratch The Handplane Book  
(Taunton Books & Videos for Fellow Enthusiasts) Mount Rogers National Recreation Area  
Guidebook: A Complete Resource for Outdoor Enthusiasts DIY Cannabis Extracts: Make Your Own  
Marijuana Extracts With This Simple and Easy Guide The Last of the Doughboys: The Forgotten  
Generation and Their Forgotten World War DIY Chicken Coops: The Complete Guide To Building  
Your Own Chicken Coop Frugal Business Owner's Guide to DIY Local SEO: How You Can  
Generate More Leads and Get More Customers without Breaking the Bank

[Dmca](#)